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Emotional and spiritual healing for those suffering the loss of a love

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About the Author

Susan Anderson has devoted more than 30 years of clinical experience and research to helping people overcome abandonment trauma and its aftermath of self sabotaging patterns. Founder of the abandonment recovery movement, she reaches out through her websites, workshops, and media to share her methods of abandonment recovery with abandonment survivors from around the world. Anderson is author of four trailblazing books including Journey from Abandonment to Healing, Abandonment Recovery Workbook, and Taming Your Outer Child which guide people through a protocol specific to healing abandonment, heartbreak, and loss. People can contribute to Susan's ongoing research project by submitting (confidentially) your personal stories to her website <http://www.abandonment.net/submit-your-personal-abandonment-story>. The websites www.abandonment.net and www.outerchild.net reach out with help and information.

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BLACK SWAN: THE TWELVE LESSONS OF ABANDONMENT RECOVERY BY SUSAN ANDERSON PDF

Black Swan: The Twelve Lessons of Abandonment Recovery is a self help tool, a supplement for personal growth. "Black Swan is a symbol for healing, a spirit guide for overcoming the woundedness of abandonment."

Twelve lessons for healing from the loss of love, presented in an allegorical tale of a child who meets a magical black swan after she is abandoned in the forest by her father. This story within a story includes the author's own experience with loss. The book provides emotional and spiritual healing to those going through heartbreak, loss, and abandonment.

- Sales Rank: #53983 in Books
- Brand: Brand: Rock Foundations Press
- Published on: 1999
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x .50" w x 5.40" l, .35 pounds
- Binding: Paperback
- 111 pages

Features

- Paperback

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0 of 0 people found the following review helpful.

If you're working with clients with huge abandonment issues, ...

By Beth L

If you're working with clients with huge abandonment issues, you need to work with your clients, paragraph by paragraph, line by line, with this publication. It heals, gives them the power to become who they are. Magnificent work!

10 of 12 people found the following review helpful.

A journey-

By Lana A. Gurney

Unlike so many self-help books that are preachy and tedious to read, here you are lead through a heartbreaking yet wonderful fable of the black swan. It appealed to the child in me because it was told like a children's story. If you love being led, rather than being preached at, you will love this book. It's a real treasure.

18 of 20 people found the following review helpful.

This is not a surface read! Excellent allegory--must read.

By Jamie

Read this when you have time to ponder the depth and scope of its meaning. I've read this story several times now and each time I discover a new treasure of meaning. Abandonment issues are all about the condition of one's heart and this beautiful allegory spins a tale to recovery. Very powerful.

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