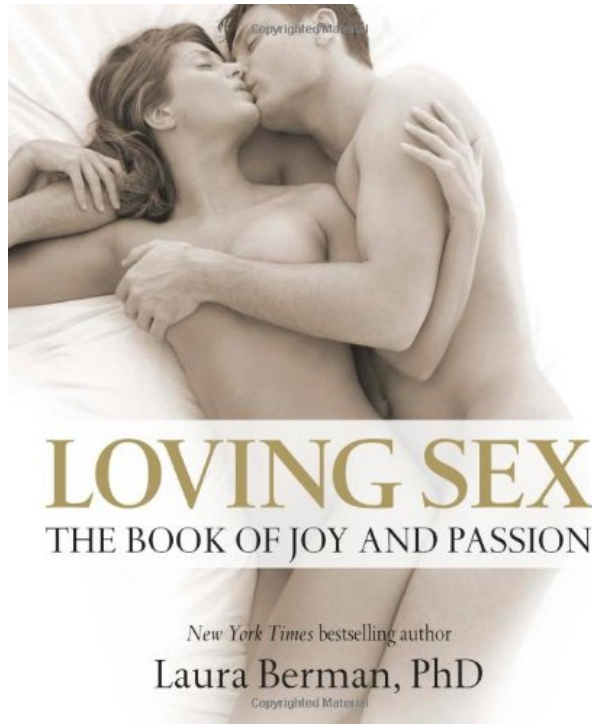
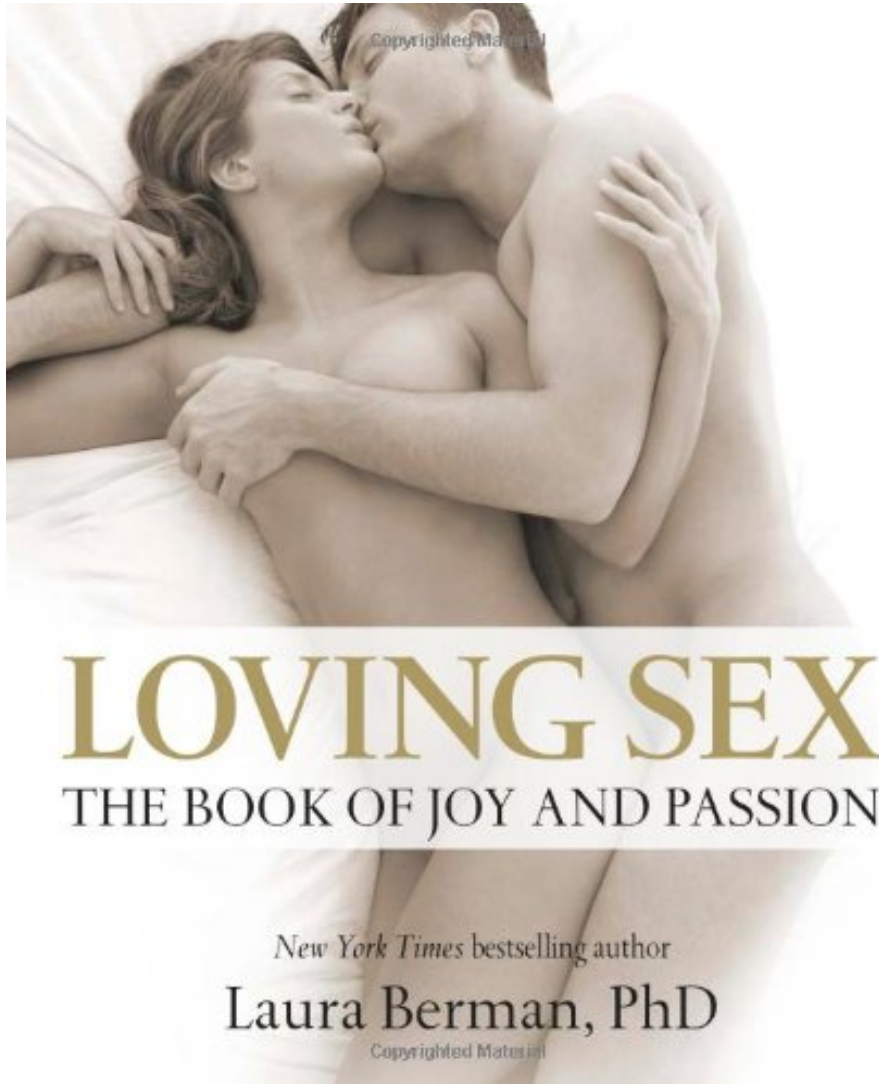


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About the Author

Dr. Laura Berman is a bestselling author and renowned sex therapist, as well as America's leading expert in female sexual health. She is the founder and director of the Berman Center in Chicago, which specializes in sexual health and therapy, and she is assistant clinical professor of psychiatry and obstetrics/gynecology at the Feinberg School of Medicine at Northwestern University. Dr. Berman has appeared in the pages of nearly every major US magazine, including *Glamour*, *Elle*, and *Ladies' Home Journal*, as well as in the *New York Times* and *USA Today*. She has frequently appeared on radio and television, including the *Today Show*, the *Oprah Winfrey Show*, *Fox News*, and *CNN*.

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Sex in a loving relationship can be the deepest and most meaningful experience a couple can share and yet many couples find themselves too time starved and intimacy shy to enjoy it.

Helping couples to overcome these barriers, Loving Sex offers friendly, frank exploration of what sex means as part of a loving relationship, and how you and your partner can experience it to its full potential.

Written by New York Times bestselling author Dr. Laura Berman, Loving Sex explores a different aspect of sexuality, from the anatomy and physicality of arousal and orgasm, to the psychology of lust, love, and partnership. Free from unrealistic media representations of perfect bodies and pornstar practices, Loving Sex shows you the positions that work, helps resolve common problems without blame or embarrassment, and explains just how important sex can be to long-term loving happiness.

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- Loving Sex: The Book of Joy and Passion

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For more information, see www.drlauraberman.com and www.bermancenter.com.

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102 of 111 people found the following review helpful.

Every Woman Should Read This!

By julie

"Loving Sex" was the book I've been looking for. Even though I'm in my 40s and have been sexually active for many years, this gave me a framework that really made me think about my sex life in a whole new manner. It's not creepy or clinical, but it's written in a helpful, friendly tone, Dr. Berman is that wise older sister that I've always wanted talking to me, telling me how to really start enjoying sex and getting what I want.

I would recommend this for women of all ages, because you are never too old or too young to read this

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Great book for couples in long term relationship!

By J. Lee

[...]

This is a great read for couples in a long term relationship looking for a little advice on how to spice things up. Dr. Berman really understands the problems that can come up with committed couples, like finding time to connect. She gives great tips on things to try to get your sex life back on track. There is also a very detailed section of the book on things to spice things up in the bedroom. This is definitely not for young eyes, but fantastic for a little help when things go stale.

71 of 79 people found the following review helpful.

Loving Sex

By freakinacage

My husband and I really enjoyed this book. We liked it better than "The Joy of Sex-Revised Addition". It has more ideas and in my opinion explains things better and gives some really good ideas. Both books are good, but this one is better.

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