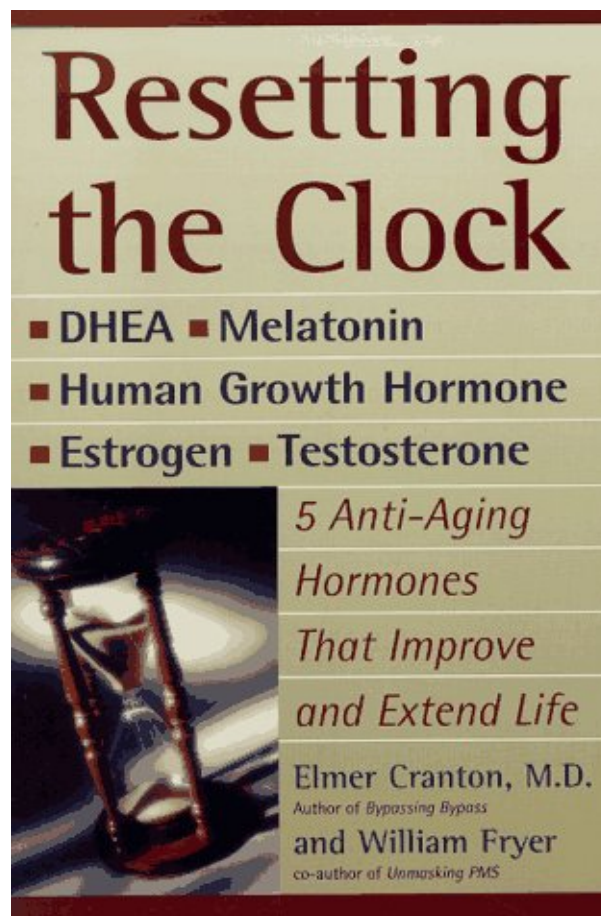


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*5 Anti-Aging
Hormones
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and Extend Life*

Elmer Cranton, M.D.
Author of Bypassing Bypass
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About the Author

Elmer Cranton and William Fryer

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About the Author

Elmer Cranton and William Fryer

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By A Customer

Dr. Cranton - a pioneer in the anti-aging medical field - writes a fascinating account of the role of hormones in the aging process and how hormone replacement can slow that process. Included is reference to current research as well as to the extraordinary results his patients have achieved. After reading Dr. Cranton's book, I began taking melatonin and now sleep much more soundly; I changed the kind of thyroid medication I've been taking so that I no longer feel cold and sluggish (even though all the tests I had taken showed my thyroid functioning was within "normal range"); I changed my estrogen replacement medication and began taking HGH. I'm feeling better than I have in years!

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Outstanding, Informative Book

By J. Puzo

This book was a real eye-opener for me in terms of understanding the role hormone replacement can play for us as we age. It clearly and concisely explains the role of critical glands and hormones and their mutual interactions. A friend of mine read the book several years ago, began medically supervised testosterone replacement shortly thereafter and leads a most vigorous life in his mid-sixties as a result. Highly recommend this book for those entering their senior years.

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Resetting the clock

By Susan J.

I ready have enjoyed this book. It is clear and logical. This doctor tells you information that is just invaluable

and in an easy to understand way.

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